



**ME** *by Deborah de Souza*

**The times when I am on my own  
No thinking,  
No recalling  
No deliberation  
No..... nothing...**

**Just being me with  
Me..  
Allowing moments to slip by and  
Living each second,  
Occupying space totally, and  
Allowing it to internalize  
Me..**

**Filling me up with.....  
Me.**



- **Deborah R de Souza**